

Are you jealous?





Read the 12 situations below and choose a number from the scale that best describes your feelings. When you're finished, add up your scores.

Not at all upset	A little bit upset	Moderately upset	Very upset 4	
1	4	3	4	
 You're at a fun party with your date. Your date is talking to an attractive person of the opposite sex and doesn't introduce you. You ask your date out to dinner. He / she tells you he / she can't because he / she wants to stay home alone. You call that evening and no one answers the phone. Your date isn't as romantic as before and likes watching TV more than spending time with you. You and your date are at an office Christmas party. Your date receives several presents and one of them is very sexy. 				
 You go to the gym every day but your date never does any exercise. One day, your date starts going to a different gym and seems very enthusiastic. You're at a party and your date is getting a lot of attention from people of the 				
7 Your date ta over he / she	opposite sex. Your date takes a nap at your house and starts talking in his / her sleep. Over and over he / she says the name of someone you don't know.			
	You're at your date's house when the phone rings. You pick it up and the person on the other end hangs up immediately. This happens three times in one evening.			
romantic inte	Your date has a very good friend of the opposite sex. He / she says there is no romantic interest between them and they're just friends but you feel they telephone and e-mail each other a lot.			
10 Your date never asks you about your day-to-day life and isn't interested in your problems. When a friend comes over, he / she listens to the friend's problems with enthusiasm and support.				
	_ 11 Your date wins the federal lottery but doesn't share any of the money with you. _ 12 Your date seems very interested in finding out all about your best friend.			
Scoresheet				

If you score from 12–20: You are not suspicious of your date. But do you really care about him / her?

If you score from 21–28: You are secure in your relationship and you trust your partner.

If you score from 29-38: You care very much about the relationship but maybe you're worried a bit too much?

If you score from 39-48: You spend a lot of time worrying about your relationship. A little jealousy can be healthy but too much can destroy your relationship.





Teacher's Notes

Are you jealous?

Interaction

Group work

Aim

To practice describing feelings and sharing opinions.

Time

15-20 minutes

Skills

Speaking Listening

Grammar and functions

Present simple and present progressive Describing feelings

Vocabulary

Adjectives to describe feelings

Preparation

Photocopy the worksheet. Make sure there's one for each student in the class.

Procedure

- 1 Prepare students for the activity by asking individual students questions, e.g. Do you have a girlfriend / boyfriend? Is she / he a romantic person? What is she / he like?
- 2 Give a worksheet to each student.
- 3 Allow students a few minutes to familiarize themselves with the information and answer any questions they might have.
- 4 Ask students to form groups of four.
- 5 Explain the task. Students should read the situations and choose a number from the scale that best describes their feelings. Remind students that they should discuss their answers with the group, but that the group doesn't have to agree on one answer. Each student should write down his / her own choice.
- 6 Set a time limit of ten minutes for this part of the activity. When the time is up, ask students to add up their scores.
- 7 Go through the scoresheet with the class. Make sure they understand it.
- 8 If time allows, talk to the students about their scores. Ask them if they agree / disagree with them. Encourage students to give reasons for their opinions and to discuss different situations from the quiz.

Option

Ask students to do this quiz in pairs, preferably with partners they know slightly. They read each question and predict how they think their partner will answer. Then they read the quiz together and check how accurate they were. If they don't know their partners well, they should do each prediction one by one.