

TRANSCRIPT

Luke: Today we're in Brixton and we're asking people about Christmas.

How would you describe a traditional Christmas in your household?

Lydia: At home with my family. There's a Christmas tree. We walk the dog. There's presents. There's food.

Natasha: I come from quite a large family and my parents are from Guyana and in Guyana Christmas is a big thing. Lights, presents, food, food and more food.

Kayleigh: Traditional Christmas for me is a massive dinner, lots of friends and family, a fair amount of alcohol, presents.

Luke: *How do you celebrate Christmas?*

Kamilla: So, we do a duck for Christmas and we have the family round or we go and see family and we also dance around a Christmas tree because that's a Danish tradition.

Natasha: Even as a child growing up Christmas has always been a big thing for us. We go out we do all the shopping and we celebrate as a family.

Patrick: OK, so usually it starts with breakfast about 11ish and smoked salmon, scrambled eggs and Bucks Fizz. After that, a bit of break, some present opening and then a long spread out Christmas lunch from 3 till 6 and then the drinking starts.

Luke: *Is there a typical traditional meal that you have?*

Natasha: Right. There's a traditional breakfast, which consists of, like, ham, but not the ham as you buy it in the supermarket but a ham!

Luke: *A real ham?*

Natasha: A real ham, which is boiled the night before. We have a traditional dish called 'Pepper Pot' which is a mixture of all different meats in a sauce that you can have for breakfast.

Luke: *What kind of food? Traditional food?*

Lydia: We normally have a goose, a roast goose and Christmas pudding, and all the trimmings.

Luke: *What's your favourite thing about Christmas?*

Lydia: The food!

Patrick: Favourite thing? Probably, seeing the family, I think. Yep.

Kamilla: It's spending time with family. Being off work if possible.

Kayleigh: My favourite thing is the food!

Luke: *And your least favourite thing?*

Kayleigh: My least favourite thing, the washing up!

Lydia: Feeling all fat and full and hot at the end of the day. That's the worst thing!

Luke: *Yeah, I know that feeling*

Natasha: One of my major gripes is that when I was a child, Christmas day nothing was open. No shops were open; it was, just, it was lovely. It was, like, a day of just complete peace but now, every single shop you can think of is open on Christmas day so it kind of like changes the whole special day kind of thing. So yeah that's my only gripe to be honest.

Luke: *And your least favourite thing about Christmas?*

Patrick: Shopping for sure, yep. Not a fan of that at all, try to get that out the way early every year.

Luke: *Do it earlier rather than later?*

Patrick: Yeah, absolutely!

Kamilla: My least favourite thing about Christmas is, yeah, getting sorted with the presents. I find that a bit ...

Luke: Stressful?

Kamilla: Yeah! I don't think there's a need to be stressed about that because it's not about that.

Natasha: I don't like the fact that Christmas is started so early. I mean September you go into the shops and Christmas is in your face. You haven't even had Halloween yet but, you know, that's the only thing I don't like it but I actually do love Christmas.