

Reading: Fat Frank

1 Put these words in their correct order:

fat thin obese overweight skinny anorexic

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2 Is the missing word *men* or *women*?

- 75% of _____ will be overweight in 2010.
- 60% of _____ are on a diet.
- Most overweight _____ do not want to go on a diet.
- 50% of _____ who are overweight think they are normal weight.
- 37% of _____ are obese and 24% of _____ .
- Overweight and obese _____ have high blood pressure, diabetes and heart disease.

3 Read about 'Fat Frank' Banks. Is he...

- a man who lost weight by having an operation, or
- a man who lost weight by dieting?

4 Now read the text again and fill in the chart below:

	Frank Banks 5 years ago	Frank Banks now
Weight		
Food and drink		
Number of calories		
Health		
Exercise		
Job		