

Reading: Fat Frank

Fat vocabulary

Fat is the most common and direct word.

- 1 _____ is a more neutral word: I'm a bit _____. It can also mean too fat, especially so that you are not fit.
- 2 _____ is less offensive than fat: She's a rather _____ woman.
- 3 _____ describes someone who is tall as well as fat.
- 4 _____ means slightly fat in an attractive way, often used to describe women.
- 5 _____ is used mainly to describe babies and children who are fat in a pleasant, healthy-looking way: the baby's _____ cheeks.
- 6 _____ (informal) is used in a friendly way to describe people who are short and round, especially around the stomach.
- 7 _____ describes flesh that is fat and loose and it can sound offensive: exercises to firm up _____ thighs.
- 8 _____ is used by doctors to describe people who are so fat that they are unhealthy. It is also used in a general way to mean 'really fat'.

big chubby flabby large obese overweight plump tubby

Do you agree with this point of view?

"Although people talk a lot about their own size or weight, it is generally not considered polite to refer to a person's large size or their weight when you talk to them. It is not polite to say to someone that they are fat."

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Thin vocabulary

Thin is the most usual word: Steve is tall and thin and has brown hair. It is sometimes used with a negative meaning: Mother looked thin and tired after her long illness.

The following words all express *praise or admiration*:

- 1 _____ means pleasantly thin. It is often used to describe women who have controlled their weight by diet or exercise: She has a beautifully _____ figure.
- 2 A _____ girl or woman is thin and graceful.
- 3 A _____ man is thin and fit.

The following words are more *negative* in their meaning:

- 4 _____ means very thin, often in a way that is not attractive: a _____ little kid.
- 5 _____ describes parts of the body when they are so thin that the bones can be seen: e.g. The old man's _____ hands.
- 6 _____ describes a person who is a little too thin and looks sad or ill.
- 7 _____ is used in medical contexts to describe people who are too thin because they are ill or have not had enough food: Women who smoke risk giving birth to _____ babies.
- 8 _____ is a medical term, but is now also used informally to describe a girl or woman who is so thin that you are worried about them.

anorexic bony gaunt lean skinny slender slim underweight

Do you agree with this point of view?

"It is more acceptable to talk to somebody about how thin or slim they are than about how fat they are."