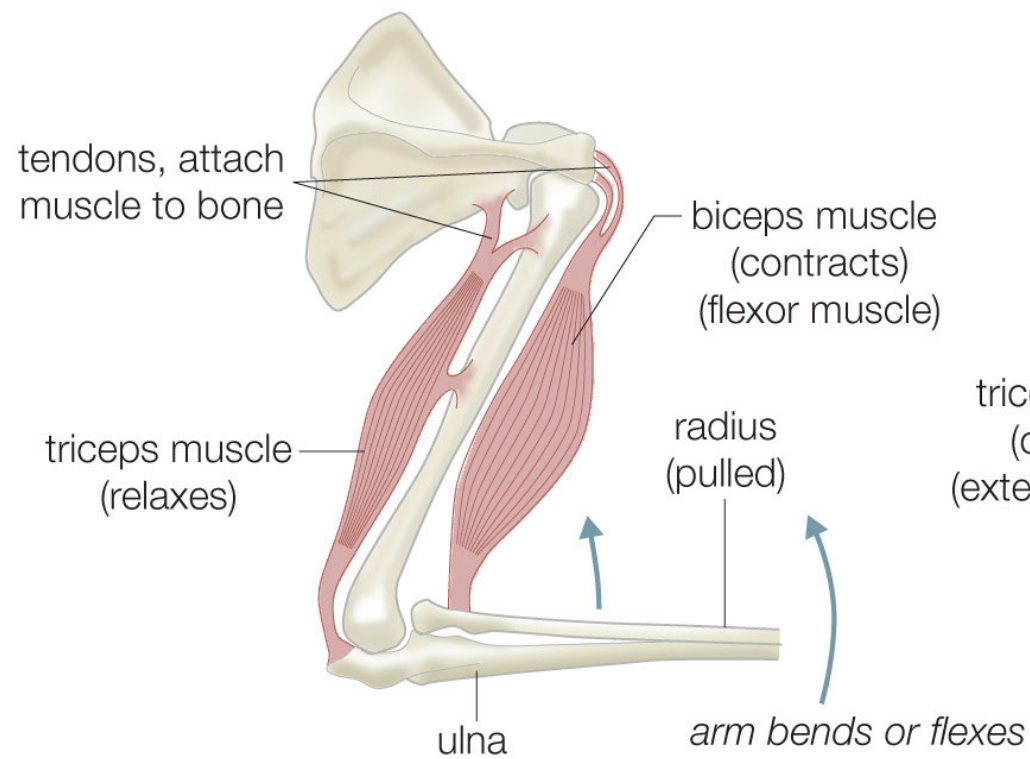


Operation of the muscles in the arm to show flexing and extension

Flexing the arm



Extending the arm

