

## Reading Lesson

**B2 Services: Designing Health**

**Summary:** The text describes how architecture is used in creating a sense of wellness in healthcare centers.

**Time:** Approximately 45 minutes

**Skills:** Reading, Writing, Speaking

**Language focus:** Vocabulary

**Materials needed:** One worksheet per student

**Reading**

Ask students to write a list of four wellness factors before reading the text. Have students read the text and answer the question. Encourage them to compare their previous answers with the information given in the text.

**Key:**

Yes, there is a wellness factor behind good design. Natural green spaces, indoor and outdoor gardens, large glass panels, natural materials use, and redesigning spaces help to create a sense of wellness.

**Vocabulary****Key:**

1. ward    2. complex    3. outcome    4. surroundings    5. infection

**Comprehension****Key:**

1. benefits doctors more than patients    2. benefit from any pleasant views available  
3. accept the state of the building    4. way of supporting people through  
5. changing the balance of facilities available to pregnant women

**Thinking**

Have students respond to the question in small group discussion or in writing.

**Extension**

You may ask students to consider how a building they are familiar with (such as the school or college where they are studying or the place where they receive English instruction) might be changed in order to encourage better mental and physical health.