

# Social Emotional Tools

## The Positive Box

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**Level:** Elementary

**Age:** Children (Primary)

**Time needed:** 5 minutes

**Aim:** To build positive relationships among students through written communication.

**Materials:** Several sets of happy emojis,  
The Positive Box

#### Instructions:

- 1 Cut and build the box. You can add any decorative elements to personalize it. A box can be printed out and handed over to each student and let them build their own Positive Box.
- 2 Print several copies of the happy faces and cut them.
- 3 Set up a special place for the The Positive Box and the happy faces.

#### How to use it?

It's important to build positive relationships among students. One idea to do this is to have a Positive Box. Set up a small box with a slot at the top for students to put happy faces in. Tell students that whenever they feel happy in class, have a positive interaction with another student, or think of something kind to say about someone else, they can write it down and put it in the box.

You can also set a specific moment of the class to give students time to stand up, take a happy face, and write their message. This might help you to focus their attention during explanation or work time.

Be sure to encourage each student to participate. At the end of each week, read the positive messages out loud to the class and implement some positive reinforcement after reading each one. This will help to develop emotional awareness. Also, it might be useful to monitor your class motivation and take notes for improvements.