

Play and Learn

What Makes You Feel...?

How to play?

Level: Elementary

Age: Children (Pre-primary)

Time needed: 10-15 minutes

Aim: Review vocabulary related to face features and emotions

Skills: Vocabulary, Speaking

Materials needed: Banners and face items

Warm-up Tips

Before completing this activity, show students examples of faces representing different emotions: happy, sad, angry, surprised, etc. Ask them to copy the faces the best they can. Give them time to show their faces to each other and ask them to pay attention to each part of their classmate's face. E. g. Look at her/his eyebrows. Can you see her/his eyes? How big is her/his mouth? Can you draw her/his face? This would help to activate their attention and empathy to complete the activity more easily.

Instructions: What Makes You Feel...?

- Cut the face images and give them to each student.
- Encourage students to point to face parts and say the words aloud. Help them to review vocabulary.
- Ask students to create faces for each emotion (happy, angry, sad) with the parts you gave them.
- Make faces to represent each emotion and say them aloud. Have the children repeat and point to each of their faces.
- Then ask students to draw what makes them feel that way. Use the banner on the right.
- Then ask students to share what makes them feel happy, angry, and sad. You can sit the class in a circle to improve interaction.

Follow Up Activities

This activity is a great opportunity to introduce socioemotional awareness. It would have a positive impact on students to remind them that each emotion is important and there are no negative emotions. You could ask students to say what they do when they feel that way. E. g. What do you do when you feel sad? Does that make you feel better? What can help you feel better?

Also, it is helpful to recognize others' emotions and build empathy within the class. You could ask students what they can do when a classmate feels happy/sad/angry.