Social Emotional Tools
Class Management Coins

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Take 3 deep breaths.

Squish a piece of dough.

Draw 3 spirals while breathing.

Spot 3 things you can listen to inside the classroom.

Would you like to take 5 minutes to work apart?

Challenge Time! Can you finish the task before your classmate?

High five the teacher if you´re focused on your work.

Would you like to repeat the instructions?

Could you explain the instructions to a classmate?

You´re doing great!

I´m happy you´re happy!

Would you like to take some time out?

Worksheet

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Worksheet