

# Social Emotional Tools

## Today I Want to Be...

**Level:** Elementary

**Age:** Children (Primary)

**Time needed:** 5 minutes

**Aim:** To build commitment in the class to create a positive environment

**Materials needed:** Several copies of the badges

### Instructions:

Print and cut several badges in advance. Set a special place for them and let students know they can pick one up at the beginning of the class.

### How to use it?

- Implement this as a start-up routine at the beginning of the class.
- Explain to students that they can pick one of the badges and take a few minutes to write their answer.
- Ask students what they would like to be that day. You can give them some examples or talk about yourself, e. g., *Today I want to be a kind person. Today I want finish first. Today I want to be the one that participates the most.*
- Elicit some answers as examples and give them time to write their answers down on the badge.
- If time allows, ask students to give you some examples of what they can do to be what they want to be.
- This can be used to help students focus on their performance before the class starts. At the same time, they might feel motivated and committed as they will have an objective.