



I've eaten pizza every day for six years

Level 2: Intermediate

Article summary: In this article, the writer shares his experience of eating pizza every day for six years and how he made it into a profession.

Time: 60 minutes

Skills: Reading, Speaking, Writing

Language focus: habits in the past

Materials needed: One copy of the worksheet

per student

1. Warmer

a. This activity aims to activate schema and get students into the "pizza" topic. Help them with any emerging vocabulary, such as "topping" or pizza ingredient names. If possible, draw your own on the board to engage with students. Have them share their pizzas in pairs or small groups.

2. Key words

a. Ask students to work individually or in pairs and complete the sentences using key words from the text. Tell them all the words appear in the article, so they can see them in context if they are unsure about their meaning. Allow some minutes for students to check answers in pairs or groups of three before checking with the whole group.

Key:

slice
grab
thealthiness
stating
leftovers
supportive
assume
healthiness
though
obite

 Ask students to work in pairs again, this time to complete the sentences using words from the previous task.

Key:

slice
grab
leftovers
supportive
assumed
healthiness
though
streak

3. Comprehension check

a. Ask students to work individually and choose the correct option to complete the sentences. Once finished, give them some minutes to check in pairs before checking answers with the whole class.

Key:

- 1. an entire pizza
- 2. immediately
- 3. his progress
- 4. eats pizza anyway
- 5. to try
- 6. have his own pizzeria

4. Key language

 a. Ask students to do the task individually and check their answers in pairs.

Key:

1. c, 2. a, 3. b, 4. b, 5. a

b. Ask students to answer the questions in pairs using the information from the previous task. Elicit the form of the verb after *used to* and *would* (simple form). Check answers with the whole class.

Key:

- 1. simple past, present perfect
- 2. present perfect
- 3. used to, would
- c. Give students time to write sentences about their habits in the past. You can help your students by setting an age that applies to all (When I was (10 / in high school / single / etc.). Elicit an example or two from each student. Check for accuracy and correct when necessary.





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5. Discussion

a. Students discuss the statements related to the article and give their reasons and justifications for each answer, referring to their own experiences or knowledge wherever possible.

6. In your own words

- a. This task can be assigned as homework individually or in pairs. Ask students to create a short survey to find out how healthy their classmates' diets are. They can do this on paper or use an app if they prefer to. Of course, students should take care not to appear judgemental of each other.
- Students analyse results and create an infographic to present their findings as well as suggest changes their classmates should make in order to have a better and more balanced diet.